



Elizabeth Tomlin is the author of *Joyful Momentum: Growing and Sustaining Vibrant Women's Groups* and contributing author to the *Living the Word Catholic Women's Bible* and the *Ave Prayer Book for Catholic Mothers*. She serves as General Counsel for the Archdiocese for the Military Services, USA and is a candidate for a masters in the theology from the University of Notre Dame. Elizabeth is married to Greg who has served in the US Army since 2001. She currently lives near Washington, DC, with her husband, their three children, and Hershey the chocolate Labrador.

Let's Connect

Hello! I look forward to working with your community. I love to work with groups large or small. My goal is always to serve the community by fostering discipleship of Jesus Christ and Christian fellowship. I always tailor talks and presentations to the needs of the community I'm serving. Please connect with me at Tomlin.elizabeth@gmail.com or by phone at 703-283-1561. I facilitate the Joyful Momentum Group on Facebook. You can find my writing at joyfulmomentum.org. I'm also a contributing writing for Catholic Mom and Diocesan. You can find me on social media @elizabethannetomlin and @joyfulmomentum

My Books

[Joyful Momentum Growing and Sustaining Vibrant Women's Groups](#)

[The Living the Word Catholic Women's Bible](#) (contributing author)

[The Ave Prayer Book for Catholic Mothers](#) (contributing author)

What people are saying!

Elizabeth Tomlin, Army wife, mother, and attorney, provides an excellent, prayerful reflection on integrating the Gospel into everyday life. Her prose will inspire readers both within and outside the military.

- His Excellency The Most Reverend Timothy P. Broglio
Archbishop for the Military services, USA

Whether you are building from the ground up or are part of an established group looking to take your ministry to the next level, you'll learn from Elizabeth Tomlin. Trust her as a guide and joyful companion to creating the greatest gift you can give yourself of your parish!

- Lisa M. Hendey
Founder of CatholicMom.com

Joyful Momentum should be required reading for every women's ministry team: not only for its practical tips but also because going through it together will help to form the kind of team and ministry that bears lasting fruit.

- Sarah Christmyer
Codeveloper and Founding Editor of
The Great Adventure Catholic Bible Study



Speaking to approximately 500 members Elizabeth's presentation was enjoyed as a powerful message on accompaniment and what the gift of women's groups grounded in spiritual friendship can accomplish and how women can benefit from those relationships.

- Fran Lucas
President of the Catholic Women's League of Canada

To say that Elizabeth captivated those who attended our evening of reflection, would be a gross understatement. Her Joyful Momentum talk, and how she can tailor points for a specific need, is the perfect way to bring focus to a day or weekend of reflection, or any ministry event. Her passion for missionary discipleship brings an approachable mastery to a variety of subjects, while leading participants/attendees in wonderful new directions of thought and engagement. If you have your calendar of events and are looking for a warm and wonderful speaker definitely consider Elizabeth, you will be richly blessed by her.

- Muffy Patterson
St. Michael the Archangel
Columbia, South Carolina

Elizabeth Tomlin spoke to our group of 40 women at Camp Humphreys, South Korea in May of 2022 and helped jumpstart a lethargic parish that didn't realize they needed to hear her words. She guided us through an engaging day with several thought-provoking exercises that got the women talking, thinking, and praying! As a military spouse she was particularly able to relate to the sacrifices our community makes and made us laugh with her relatable stories! She was wonderful to work with and really tailored her talks to what our group wanted and needed. Elizabeth gave us an unforgettable day!"

- Ms. Michelle Nataro
Catholic Women of the Chapel President
Camp Humphreys, South Korea

The Ladies of Vicenza's Catholic Women of the Chapel were blessed to have Elizabeth Tomlin speak at our Fall Kick-Off in 2022! She asked questions beforehand to know the audience better and to see what gifts and stories would benefit the group. During her presentation, she engaged the audience, interacted with the ladies, and left as a friend to us that night. In addition, she brings joy into the room, just like in her book, "Joyful Momentum." To have her as a speaker is a blessing and a joy!

- Elizabeth Wheeler
Vicenza, Italy Catholic Chapel

With powerful, practical, and spirit-filled writing, Elizabeth Tomlin builds upon foundational concepts for starting, maintaining, and growing an effective faith-filled women's ministry, and more importantly, leading women into a deep and lasting relationship with Jesus Christ. I highly recommend this thorough and well-written guide!

- Michele Faehnle
Director of the Columbus Catholic Women's Conference author of
The Friendship Project and *Divine Mercy for Moms*